



NYS Apples

June

2025 K-5



Breakfast

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday	Menu Subject to Change
2 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Croissant Sandwich w/Egg, Cheese and Ham 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Buttered Bagel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Breakfast Wrap 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS LOCAL FOODS *Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables <u>used in Meal Program</u> <u>highlighted in green</u>
9 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Croissant Sandwich w/Egg, Cheese and Ham 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Buttered Bagel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Breakfast Wrap 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
16 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Croissant Sandwich w/Egg, Cheese and Ham 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Buttered Bagel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Happy Juneteenth! 	20 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
23 Chocolate Chip Muffin w/4oz Yogurt 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Buttered Bagel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 Cereal 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	See You In September		For Information on Summer Meals Please Visit <u>www.wummermealsny.org</u> or Call 211 or 866-3-HUNGRY.
PERSONAL TOUCH WOULD LIKE TO WISH EVERYONE A SAFE AND WONDERFUL SUMMER!!!					
					Breakfast Options Daily *Daily Entrée-1 (2g) or *Cereal 2oz (2G) Offered with all Breakfasts *Whole Grain (WG) Entrees *Daily Selection of Fresh or Prepared Fruit 100% juice -1/2 cup



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request

Students Receive Free Breakfast

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk

8oz